

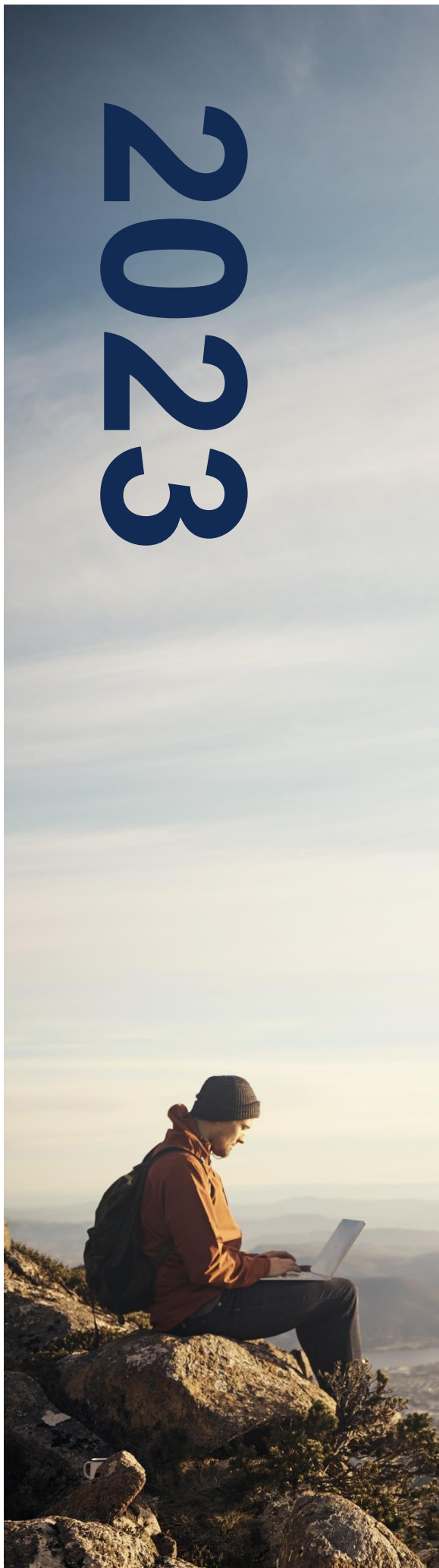
2023

Allianz 

Allianz
Partners

State of Student Healthcare

Annual Report
Summary



STUDENT PROFILE



787 students surveyed



The **average age** of student participants was **24.9 years**, ranging from 17 to 49 years.



78% of participants are studying at a university.



77% currently employed (41%) or looking for work (36%).



Employed students work an average of **21.4 hours per week**.

Gender

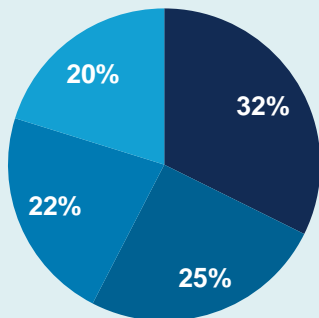


52%

47%



Country of origin



- China/Hong Kong
- South Asia
- Other countries
- Other Asia

About the students

First time studying abroad

80%

20%

First time in Australia

76%

24%

Confidence speaking English

76%

24%

Cost of living pressures are impacting international students

Over 75% of students reported taking steps to reduce their spending and proactively manage their finances.

Top affordability challenges



Returning home (88%)



Housing/accommodation (81%)



Healthcare/medical expenses (78%)



Eating out (75%)

Key behaviours and attitudes



Cut spending (79%)



Increase savings (77%)



Hard finding suitable work (70%)



Held off making large purchases (65%)

LIVING IN AUSTRALIA



51% of students live in a share house with 12% sharing a bedroom.



85% of students are happy with their current living arrangement.



1 in 3 students feel welcome in Australia.



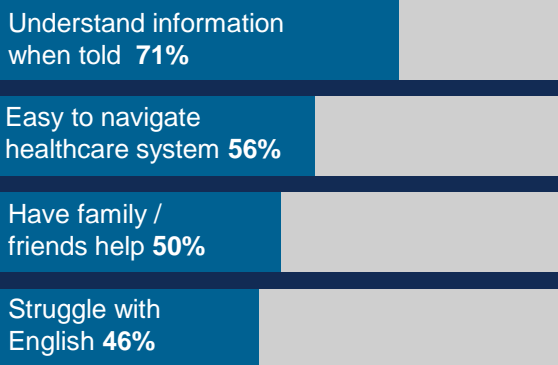
36% of students believe Australia is a safe country.



32% have encountered racism.

HEALTH LITERACY

While a majority of students feel confident, they understand their OSHC policy and what it covers, many feel less confident in their ability to navigate the Australian healthcare system. This is due to both the complexity of an unfamiliar system and language barriers.



Understanding health professionals

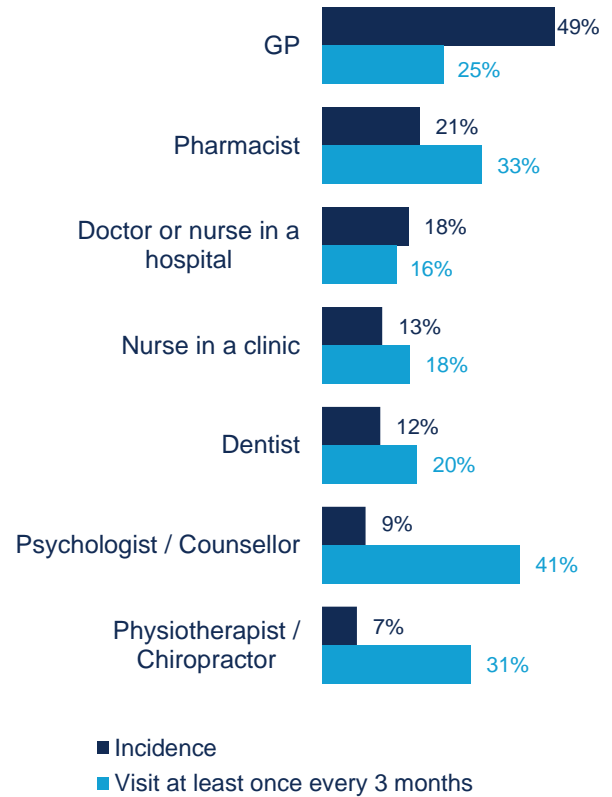


Students that 'Strongly agree' or 'Somewhat agree' to statements about the healthcare system.

2 in 3 students feel positive about their OSHC policy



Key health professionals accessed



GENERAL HEALTH



49% of females rate their overall health as very good or excellent, compared to **63%** of males.



1 in 10 students smoke or vape and **42%** report never consuming alcohol.



50% of students rate their quality of life as very good or excellent.

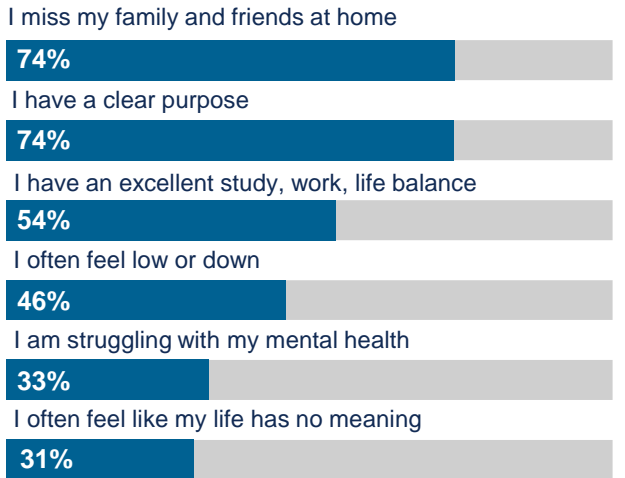


12% report suffering from a chronic condition

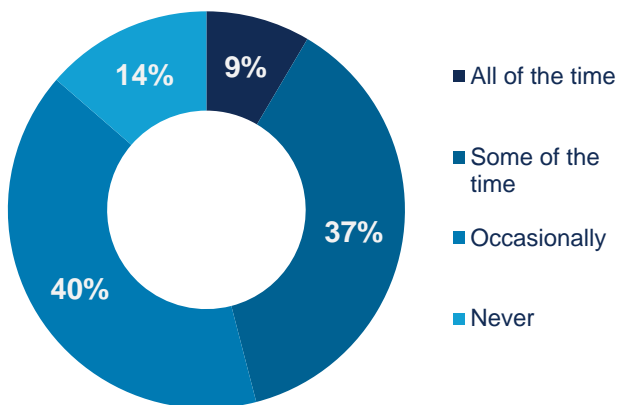


36% of students can't afford to eat fresh fruit and vegetables.

41% of students have a mental health condition

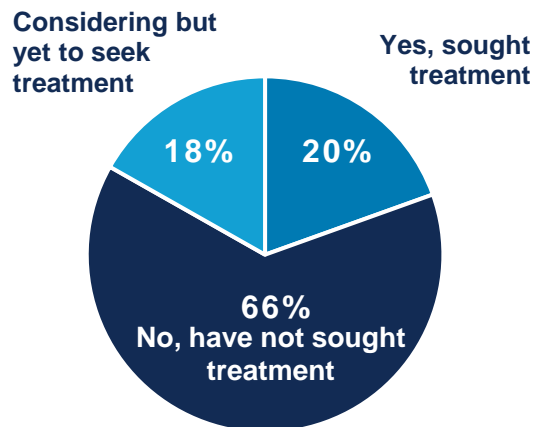


77% of students reported experiencing feelings of loneliness occasionally or some of the time.



Only 1 in 5 students have sought treatment for their mental health

Despite the prevalence of international students experiencing mental health challenges, very few seek treatment or support. This points to a need for improved health literacy measures and clear pathways for appropriate care.



SEXUAL HEALTH



17% of students were unable to identify any forms of contraception.



81% believe it's important to provide verbal consent for any sexual activity.



83% were able to identify at least one sexually transmitted infection (STI).



44% of students know where to get tested for STIs.



43% believe STI testing is expensive.

Top causes of students' stress

- 63% Cost of living in Australia
- 55% Studying for exams
- 48% Studying during the semester
- 38% Social situations/relationships
- 27% Lack of support in Australia
- 3% Other

We're here to help

This summary was prepared by Allianz Partners in partnership with Fifth Dimension (5D).

This document outlines a summary of the research findings contained within the 2023 State of Student Healthcare Annual Report.

The information in this document is general in nature and based on information available at the time of publishing.

Scan the below QR code to read the full report.



For questions about this summary, please contact:

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